

East Point Seminars

Presents:

Detoxing Methods for the Traditional Chinese Medicine Practice

Natural approaches to cleansing the body

Spring is a traditional time for cleansing!

When: Sunday, April 25, 2010
Time: 10:00 a.m. – 5:00 p.m. (with an hour for lunch)
Where: Hyde Park Bank Building
1525 East 53rd Street, 4th Floor Conference Room

Detoxing Methods is a class for acupuncturists that is also suitable for the general public. If you are someone who is interested in learning more about the various methods for detoxing and cleansing as practiced in both Eastern and Western health care traditions, this class is for you.

Cost: \$125 for acupuncturists
\$85 for acupuncture office staff, patients, and the general public

Course Instructors

Mary Helen Lee, L.Ac., Dipl.O.M., R.H. (A.H.G.), has been practicing as an acupuncturist and herbalist for nearly 20 years. Her private practice, White Moon Healing Center, is in Chicago's Roger's Park neighborhood. She is a professional member of the American Herbalist Guild and practices Western herbal medicine as well as traditional Chinese medicine. She incorporates homeopathy, aromatherapy, Reiki, flower essences, nutritional counseling, and detoxification into her practice. She specializes in helping patients replace chemical medications with natural medicines. Her comprehensive natural pharmacy includes her own line of herbal extracts, White Moon Botanicals, which incorporate a unique blend of Western and Chinese herbs.

Mary J. Rogel, Ph.D., L.Ac., opened her practice, East Point Associates, Ltd., in Hyde Park after graduating from the Midwest Center for the Study of Oriental Medicine in 1986. She uses Western herbs and foods according to traditional Chinese theories, and incorporates many non-needle therapies and cleansing practices into her treatments. Her practice has a strong focus on orthopedics, body mechanics, and manual manipulation, which she also uses to enhance cleansing.

Course Description

Detoxifying the body is an important adjunct to acupuncture treatments for clients suffering from a wide variety of health issues. Whether your clients have been exposed to toxic substances, are recovering from addictions, want to replace pharmaceutical medications with natural remedies, or just want to lose weight, detoxing is essential. Detoxing is also crucial for treating diseases such as allergies, asthma, cancer, cardiovascular disease, digestive problems, endocrine imbalances, gallstones, gynecological issues, kidney stones, migraines and skin problems.

Learn the basics of cleansing and detox and how to integrate these practices with your acupuncture treatments. Both instructors have close to 20 years of clinical experience with detoxification. They will walk you through many different methods of cleansing, including TCM formulas, Western herbals, naturopathic cleanses, chelation, homeopathics, and others, explaining when and how to use each, and how to support your patients through the process. Special attention will be paid to cleansing the blood, gallbladder, intestines, kidneys, liver and lymphatic system; parasite and candida detoxes; and total cleansing down to the cellular level. Other methods, such as nutritional recommendations and food combining, essential oils, flower essences and supplements like amino acids, green foods, glandulars and natural hormone therapy that are not part of TCM training, will also be covered. Take-home handouts and resource lists will be available so that you can begin incorporating detoxification methods into your practice immediately.

Course Objectives

This course is open to all who wish to attend. Acupuncturists, physicians, and other health care practitioners will find the material particularly relevant to their practices, and are encouraged to bring their office staff and any clients who have an interest in or a need for cleansing. The objectives of this course are to:

- Expose acupuncturists and other health professionals to detoxification methods and procedures that are not taught in school, but should be.
- Show how detoxification is an important adjunct to almost all treatments.
- Provide details about what to cleanse and how.
- Present the broad range of cleansing methods and procedures, and discuss how to choose among them for your particular client's problem.
- Provide information on what to expect during a cleanse, how to recognize problems, when to start and stop the cleanse, and how to prepare and motivate your patients and support them during the process.

Credits for Professionals: 6 NCCAOM PDAs pending & 5 Illinois Acupuncture CEUs

Registration Form: Detoxing Methods for the TCM Practice

Name _____

Address _____

Phone: _____ Alternate # : _____ Email: _____

Method of Payment: C.C., Check or Money Order / Amount of Payment _____
(*Visa, MasterCard, AMEX, and Discover accepted*)

Credit Card #: _____ Exp. Date _____ Card Code? _____

Authorization Signature: _____

To register, please mail or fax completed form with payment to East Point Associates, Ltd.

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